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In Memoriam of Beulah Mae Tyler



Your presence we miss, your memory we treasure, loving you always, forgetting you never. No farewell words were spoken, no time to say good bye. You were gone before we knew it, and only God could tell us why.

We love and Miss You Always
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Marie
Ann

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Cholesterol-Lowering Drugs After Lifestyle Changes

High levels of cholesterol in the body may lead to increased risk for heart attack or stroke. As a result of high cholesterol, fatty deposits may develop in blood vessels, and lead to a narrowing of arteries. This can cause a reduction in the delivery of oxygen-rich blood to the heart. Low-density lipoprotein (LDL), also known as "bad" cholesterol, builds up in the arteries and causes hardening and narrowing of the arteries. High-density lipoprotein (HDL), also known as "good" cholesterol, retrieves excess cholesterol and returns it to the liver. There are no signs or symptoms of high cholesterol. A diagnosis of high cholesterol can be determined by a blood test. In general, total cholesterol should be below 200 mg/dL, LDL cholesterol should be less than 100 mg/dL, and HDL cholesterol should be above 50 mg/dL.

High cholesterol (above 100mg/dL LDL or greater than 200mg/dL total cholesterol) should first be addressed through lifestyle changes, such as physical activity and a nutritious diet. Medications may then be prescribed. Statin-type drugs such as simvastatin (*Zocor*) and atorvastatin (*Lipitor*) block a substance necessary for the production of cholesterol by the liver. Ezetimibe (*Zetia*) is a cholesterol absorption inhibitor.

Obituaries

Sis. Ethel Henry

Sister Ethel Henry was born to Roberta Haven and Sonny Haywood on August 28, 1920.

She was a member of the Greater Mt. Olive Baptist Church and served on the usher board until her health failed.

She was employed with Eagle Lake Rod & Gun Club, The Buckshack, and the Eagle Lake Nursing Home as a cook.

Preceded in death by her parents; and a loving and devoted husband, Albert "AC" Henry, she leaves to mourn her passing four sister-in-laws, Laura Hurd and Lillie Mae Hurd of Matthews, Doris Johnson of San Antonio and Virginia Henry of Houston; special dedicated friends, Robert and Arie Frazier and Alex and Deborah Woolridge of Eagle Lake; and a host of nieces, nephews, great-nieces and great-nephews.

Funeral services were held Saturday, August 23 at 11 a.m. from Greater Mt. Olive Baptist Church in Eagle Lake with Rev. Dave Curry, pastor, officiating. Arrangements were under the direction of Ben Davis Funeral Home in Columbus.

Pallbearers were Allen Ray Hurd, John Allen, Jr., Darrell Stancik, Derrick Frazier, Robert Frazier, and Jason Edwards.

Honorary pallbearers were nephews and great nephews.

Sympathy is extended to the family in their loss.



Elsie Ruth Tubbs Keenum

Elsie Ruth Tubbs Keenum, 89, of Tomball, passed away Wednesday, August 20 in Conroe.

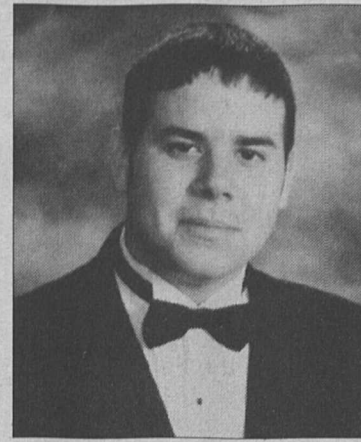
She was born January 26, 1919 in Lissie, the daughter of William and Helen Miller.

Preceded in death by her parents; first husband, Clinton Tubbs; second husband, Scott Keenum; son, Tommy Tubbs, Sr.; two brothers, Ernest Miller and Gus Miller; and four sisters, Alma Davidson, Emma Ledbetter, Polly Sens and Frieda Tallas; survivors include her daughter, Betty Hanson and husband, James, of Round Rock; grandchildren, Thomas Tubbs of Tomball, Shane Tubbs of Kerrville, Sheila Thompson of Katy and Hal Warner of Magnolia; six great-grandchildren; and other friends and relatives.

Funeral services were held Monday, August 25 at noon from Eagle Lake Funeral Home Chapel with Rev. Steve Whitfield officiating. Interment followed in Lakeside Cemetery in Eagle Lake. Eagle Lake Funeral Home was in charge of directions.

Pallbearers were Bill Overka, Billy Tallas, Vince Turner, Jeff Tallas, Jimmy Tallas and Lonnie Sommerlatte.

Sympathy is extended to the family in their loss.



Joseph Cory (Cory) Spencer

Joseph Cory (Cory) Spencer was born in Houston on August 8, 1987 and passed away at his home in Sheridan on August 23.

His untimely death leaves his family and friends grieving in disbelief, but comforted by the knowledge that Cory is safe in the arms of his heavenly father. "He [The Lord] heals the brokenhearted and binds up their wounds." Psalm 147:3, NIV

Cory was a 2005 graduate of Rice Consolidated High School. During high school, Cory was active in Band, the Chess Club and displayed incredible insight with creative writing.

Cory wrote a very poignant letter to his late step-father and there wasn't a dry eye in the church as he read the letter aloud at Huston's funeral.

Most recently, Cory had been attending ITT Technical College where he maintained a 4.0 average after two semesters. Cory was majoring in computer programming and networking.

Cory is survived by his mother Kay Spencer Hunnicutt; his father, Randolph Allen Spencer; his brother, Spencer Chase Spencer; his stepbrother, Timothy Huston Hunnicutt (and wife Meagan); his grandmother, Lillian Charba Poncik; and many aunts, uncles, cousins and friends.

Cory was preceded in death by his beloved step-father, Huston Hunnicutt; and his grandfather, Emil V. Charba.

Visitation was held at Henneke Funeral Home in Columbus on Monday, August 25, 6 p.m. - 8 p.m.

Services were held on Tuesday, August 26, at 10 a.m. at the First Baptist Church in Sheridan. Burial followed in Cheetham Cemetery in Sheridan.

Sympathy is extended to the family in their loss.

Cory's family would like you to know that suicide is never the answer to any of life's troubles. If you or anyone you know has threatened suicide, get help immediately. You can talk to a trusted family member, your pastor or the counselor at your school. Death is permanent. Do not allow the pain of a temporary setback result in death.

Sheridan Library News

Autumn is just around the corner, and that means it's time to reorder your new community birthday calendar. The library fundraiser will be in full swing during the months of September and October. The calendar will include school holidays so parents will know when their children have a free day from school. The PTS is making this feature available for parents.

Cost of the 2009 calendar is \$6 for a listing of 10 birthdays. If more birthdays are listed, you are asked to purchase a second calendar. Clubs, organizations, and churches may purchase a support ad for \$10 and have their meeting dates posted on the calendar. With a support ad, each group receives a free calendar. Businesses may purchase an ad for all twelve months for \$20 and receive a free calendar.

Library board members and volunteers are taking orders. You may call Zelda Walker, Natalie Dupre, Barbara Brisco, Patsy Fuller, Ruth Brisco, Rose Thumann, Irene Hagendorf, Darnell Varley, Marilyn Murphy, and Lillian Gohlke. If you are not contacted by one of the ladies listed above, you may pick up an order form at the library. The deadline for calendar orders and payment is due on October 25.

The Sheridan Friends of the Library are continuing their membership drive through the month of October. Dues are \$5 per person. Forms are available at the library.

New members include Kathy Brown, Glen and Charlene Tesch, Pauline Solomon, Emily Kelly, Ron Lewis, Beverly Mercer, McDowell Criswell, Irma Jones, Sharon Hughes, Vera Tesch, Ann Moore, Duane, Kathy, and Kelley Ricks, Lavo and Ruth Brisco, W. O., Regena, and Lenora Williamson, Hazel Prichard, Allen Broger, and Dot Warthan.

Also, Eldon and Joyce Ohm, Phil and Elaine Mailloux, Phillip and Kristin Mailloux, Phillip Mailloux IV, Angie and Zane Zbrank, Gloria Scott, Dean and Betty Varley, Pete and Rose Thumann, Helen Brisco, Reggie and Barbara Brisco, Bill and Lillian Gohlke, Wayne, Natalie, and Audrey Dupre, and Jeanette Nance.

Deadline for Friends is October 25. The Friends benefit will be held in October this year. Thank you for your support.

The library received the following memorials during the summer months:

In memory of Clinton McMillian, by Jo Ann Stanley; in memory of Eddie Lee Balusek by Zelda Walker; in memory of Rosalie Brocker, by Zelda Walker, Margie Fuller; in memory of Kay Parham, by Zelda Walker; in memory of Roy L. Fuller; by Linda Davidson, Robert and Darlene Bujnoch, Dean and Betty Varley, Wayne and Natalie Dupre, Kubena Funeral Home, Elizabeth Fuller, Carl and Laurel Milentz, Larry and Darnell Varley Family; in memory of Voydell Cousins by Elizabeth Fuller; in memory of "Vi" Williams by Bill and Lillian Gohlke.

The following patrons donated books and monetary contributions to the library: Breck and Nancy Chabreck, Karen Vawters, Norma Hooper, Roxy Tigert, Louise Taylor, and Leroy Rychlik. Thank you for your donations.

Wants Ads Work!!

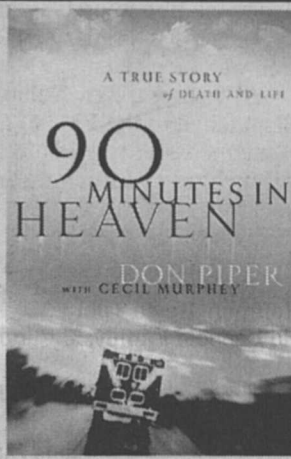


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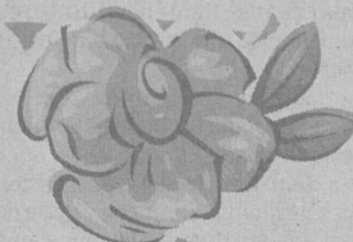
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- EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
- GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
- GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
- MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
- LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
- BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
- ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
- CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
- THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
- GREATER NEW FAITH CHURCH: 6406 Guylor, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
- EAST BERNARD FIRST BAPTIST FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
- FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
- IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
- GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
- WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
- PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
- CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
- ROCK ISLAND BAPTIST: Bob Allison, Pastor.
- SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
- WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.
- CHURCH OF CHRIST: Sheridan.
- NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
- CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
- HOLY CROSS CATHOLIC CHURCH: East Bernard.
- CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
- ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
- GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
- LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
- LISSE UNITED METHODIST: I. L. Craft, Pastor; 234-2112, Lissie.
- ROCK ISLAND METHODIST: Ken Sellar Jr. Lay-Pastor.
- UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
- FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
- VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
- CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
- THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
- CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
- THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
- SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
- ASEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
- BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331.-non-denominational.

Bible Verse of The Week

"Everything is permissible"—but not everything is beneficial. "Everything is permissible"—but not everything is constructive. Nobody should seek his own good, but the good of others. Eat anything sold in the meat market without raising questions of conscience, for "The earth is the Lord's, and everything in it."

1 Corinthians 10:23-26
Submitted by Donna Samora

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